

1. User presses SW1 for n-times to determine the on-period
2. User Confirms on-period by pressing SW2 once
3. User presses SW1 again for m-times to determine the off-period
4. User Confirms off-period by pressing SW2 once
5. The infinite loop starts with on-period (seconds) and off-period (seconds)
6. To change the on and off periods, user should press the reset button then start the cycle again from step 1